



P.A.C. GENERAL MEETING MINUTES

April 23, 2025

7:00 – 8:00 pm

Meeting held via Zoom

Present at the Meeting: ~20 attendees

P.A.C. Team:

Stephanie Clark – Co Chair (Absent)
Stephen Smart – Co Chair
Vanessa Mitchell – Events
Erin Alexander – Treasurer (Absent)
Lindsay Carlson – Secretary
Sarah Andrews– Fundraising Chair (Absent)
Julie Hebb – Volunteer & Class Rep Coordinator
Jocelyn Chang – After School Programs (Absent)
Haley Park – Hot Lunch Coordinator
Catherine Kowalski– Hot Lunch Volunteer Coordinator (Absent)
Amanda O'Reilly – District PAC Rep (Absent)
Saman Hamidi – Communications & IT (Absent)
Kendra Low – Safety Committee Lead & Past Chair

Canyon Heights Administration:

Kevin Ward – Principal
Sarah Dawson – Vice Principal (Absent)

Meeting Members:

There were approximately 13 additional parents in attendance

1. Call to Order

- **Speaker:** Stephen Smart (PAC Co-Chair)
- **Time:** 7:03 PM

2. Land Acknowledgement

- **Speaker:** Stephen Smart (PAC Co-Chair)

3. Approval of Previous Minutes (Feb 2025)

<ul style="list-style-type: none"> • Motion: Vanessa Mitchell • Seconded: Kendra Low • Vote: Unanimous approval
4. Guest Presentation – Foundry North Shore
<ul style="list-style-type: none"> • Speakers: Nicole Kennedy and Sarah Cormack • Foundry North Shore provides integrated health and wellness services for youth aged 12–24. • Services include drop-in mental health support, primary care, substance use education, peer and parent support, and group programs. • Nicole emphasized the importance of early education and communication, including sessions in schools on vaping and mental wellness. • Grade 6/7 presentations will be coming to Canyon Heights next year. • Parents are encouraged to follow Foundry on social media or visit foundrybc.ca for more information. • Nicole invited parents to get involved through the Foundry Ambassadors program. • Presentation included Q&A and discussion about signs of youth mental health concerns.
4. School Update
<ul style="list-style-type: none"> • Speaker: Principal Kevin Ward • Encouraged parents of Grade 4 and 7 students to complete the Student Learning Survey (due May 9). • Reinforced the school’s collaboration with Foundry.
5. PAC Updates
<p><u>Safety Update (Kendra)</u></p> <ul style="list-style-type: none"> • March 31 Safety Blitz: Included RCMP, ICBC, and other partners. Kids created "Think of Me" cards for drivers. • Ongoing discussions with the District for further traffic safety improvements. • Bike, Walk & Roll to School Week: June 2–5. • Bike Rodeo scheduled for June 3 (K–3 students) • Prizes for class participation. <p><u>Hot Lunch Survey Results (Stephen)</u></p> <ul style="list-style-type: none"> • ~100 responses received. • Majority order lunch 1–2 times per week or more. • Most respondents are satisfied with the current frequency and variety. • Feedback included suggestions for new vendors and requests for healthier options and varied portion sizes. • ~10 new volunteers indicated interest. <p><u>Events Update (Vanessa)</u></p> <ul style="list-style-type: none"> • Pancake Breakfast: May 9 <ul style="list-style-type: none"> ○ \$5 per person; proceeds to PAC. ○ Run by Lions Club; volunteers needed. ○ Bring your own plate and utensils • Music Fest: Tickets launching soon on Munchalunch. <ul style="list-style-type: none"> ○ Food trucks, vendors, auction table, and activities. • Two Rivers Meat Fundraiser: Returning in June, pick-up before Father’s Day.

- Merchandise: Spring/summer items coming soon.
- Canyon Cup (Sports Day): School-led, returning this year with PAC volunteer support.

Treasurer's Update (Stephen shared on Erin's behalf)

- Healthy account balance, including gaming grant funds.
- Notable spending:
 - \$22K on classroom audio upgrades.
 - ~\$10K on teacher iPads.
- Upcoming expenses:
 - New ukuleles.
 - Event support.
 - Safety and wellness initiatives.
- Next gaming grant submission complete; expecting ~\$7,500.

Questions? Contact the treasurer: treasurer@canyonheightspac.org

Other Business

- Kid's Books raised \$100 for the school library via family purchases.
- No further business was raised.

6. New Business

- **Next Meeting:** Scheduled for June 17 at 7:00 pm.

7. Close of Meeting

- **Time: 7:45 PM**

Submitted by Lindsay Carlson, Secretary:

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Signed by Stephen Smart, Co Chair:

Signed by:

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